



15655



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GOODWIN'S
NEW HAND BOOK
FOR
BARBERS



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*Contains the Latest Receipts for
Hair Oils, Dressings,
Tonics, Restorers, Dyes,
Shampoos, Pomades, Bay Rums,
Cosmetiques, Camphor Ice, Cologne,
Vermin Destroyer, etc. etc.*

CONTAINS RECEIPTS

for the famous

COCOANUT HAIR DRESSINGS.

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BY
F. W. GOODWIN.

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P R E F A C E .

This Book is designed expressly
for
BARBERS AND HAIR DRESSERS,
and contains a variety of practical
receipts such as are needed for every
day use. Only the best and those
that have been used with perfect
satisfaction have been given.



To make good articles the best of everything should be purchased. You should be provided with filtering papers, tunnels, graduates, mortars, etc.

Particularly in buying essential oils great caution should be used to get not only the best but freshest, as you cannot be assured of success unless your oils are perfectly fresh. It is well only to purchase small quantities such as you desire to use within a short time. Great care should be exercised in making everything, and instructions must be followed closely except as to the amount of scenting to be used, which can be varied to suit your customers' tastes.

➤ HAIR ❖❖ OILS ❖❖ ➤

Really the best Hair Oil for general use is made from Castor Oil and Alcohol scented with oil of Bergamot. This is satisfactory to all.

Mix

- 12 ounces of Castor Oil.
- 4 ounces of Alcohol.
- 2 drams of Oil of Bergamot.

Any of these oils can be scented more or less as your trade demands.

A BEAUTIFUL DRESSING

— FOR LADIES HAIR. —

Mix

- 1 dram of Oil of Bergamot.
- 2 drams of Tincture of Spanish Flies.
- 2 “ of Compound Tincture of Benzoin.
- 15 drops of Oil Cinnamon.
- 6 ounces of Castor Oil.
- 9 “ of Alcohol.

A GOOD ARTICLE

To keep the hair from falling off, and prevent dandruff.

Mix

- 10 ounces of Alcohol.
- 10 " of Castor Oil.
- 1 dram of powdered Spanish Flies.
- 5 " " Oil Bergamot.
- 5 drops " " Rose Geranium.

Filter this after it has stood five days.

CHEAP OIL,

YET USED IN MANY FIRST-CLASS SHOPS.

Mix

- 1 quart of Mustard Seed Oil.
 - ounce of Oil Bergamot.
 - 10 drops of Oil Citronella.
-

TONIC HAIR OIL.

Mix

- 1 pint of Castor Oil.
- 1 pint of Alcohol.
- 1 ounce of Tincture Spanish Flies.

LADIES HAIR DRESSING.

—NICE.—

Mix

3 ounces of Castor Oil.
 13 “ “ Alcohol.
 $\frac{1}{2}$ “ “ Tincture Spanish Flies.
 $\frac{3}{4}$ “ “ White Rose Extract.

QUININE TONIC.

—VERY STRENGTHENING.—

Mix

2 ounces of Tincture Cinchona.
 8 “ “ Bay Rum.

Rub to the roots of the hair every day.

BAY RUM TONIC OIL.

Mix

4 ounces of Castor Oil.
 With 2 “ “ Alcohol.
 Then add 2 “ “ Bay Rum.

HAIR INVICORATOR.

—A GOOD ONE.—

Mix

1 ounce Fluid Extract of Jaborandi.
 10 " of Bay Rum.

Should be rubbed to the roots of the hair night and morning.

A NEW HAIR TONIC.

Dissolve

50 grains of Salicylic Acid.
 2½ drams Powdered Borax.
 In 4 ounces of Boiling water.

When cold add

½ ounce Tincture Spanish Flies.
 6 " Bay Rum.
 6½ " Rose Water.

BEAR'S OIL.

—HAMLIN'S FORMULAE.—

Mix

2 pounds of Oil Benne.
 ½ ounce " " Bergamot.
 ¼ " " " Lemon.
 1 dram " " Thyme.
 1 " " " Cloves.

Alkanet root will color the oil red by allowing it to soak in the oil, then straining.

CREAM COCOANUT DRESSING.

Take four ounces of pure Cocoanut Oil, rub well in a mortar adding 2 drams of Salts of Tartar; when of a uniform consistency, gradually add $\frac{1}{2}$ pint of water. Now put in 10 or 12 drops of Oil of Bitter Almonds.

MACASSAR OIL.

—HAMLIN'S FORMULAE—

Mix

3	pints	of	Oil	of	Benne.
1	"	"	Castor	Oil.	
1	dram	"	Oil	Rosemary.	
2	"	"	"	Rhodium.	
1	"	"	"	Nutmeg.	
2	"	"	"	Bergamot.	
1	"	"	"	Thyme.	
1	"	"	"	Cinnamon.	

Color deep red with Alkanet.

COCOA CASTOR DRESSING.

EQUALS ANY COCOANUT PREPARATION MADE.

To ensure a clear and bright looking article take two $\frac{1}{2}$ pint wide mouth bottles, place in one of them 3 ounces of Castor Oil, in the other put 1 ounce of pure Cocoanut Oil. Sit both the bottles in warm water allowing to stand until both oils are of the same temperature, then mix them well, after which add one gill of alcohol and 2 drams of Oil Bergamot.

This receipt is worth five times as much as is asked for the book.

➤ HAIR RESTORERS ◀

—TO COLOR GRADUALLY.—

Before using the restorers the hair should be thoroughly cleansed from all greasy matter. The restorers should at first be applied once or twice a day for several days, until the color is right.

IDEAL RESTORER.

Mix

1 dram of Powdered Copperas.

With 4 ounces of Soft Water.

Put 5 drops of Oil Rosemary.

In 5 drams of Alcohol.

Mix them all perfectly by frequent shaking.

FRENCH HAIR RESTORER.

Mix

2 drams of Lac Sulphur.

1 dram of Sugar of Lead.

5 grains of Copperas,

1 ounce of Glycerine.

3 " " Rose Water.

BEAUTY RESTORER.

Take

3 drams of Lac Sulphur.
4 " " Sugar of Lead.
12 " " Aqua Ammonia.
6 ounces of Glycerine.

Add them to $\frac{1}{2}$ pint of Rose Water.

TWIGG'S RESTORER.

Take

1 dram of Precipitated Sulphur.
1 " " Sugar of Lead.
 $\frac{1}{2}$ ounce of Glycerine.

Mix well in a mortar with 4 ounces of Rose Water.
Apply twice a day until it restores the color.

HAIR AND WHISKER DYES.

In making Hair Dye great care should be used in order to have them prove satisfactory. In all cases soft water must be used; if distilled water can be procured so much better, and your dye will prove more satisfactory. In all the following dyes No. 1 is the preparation to be applied after the hair or whiskers has been thoroughly washed and well dried. You should before using a dye free the hair from grease by washing with a solution of Salts of Tartar. Some use successfully No. 2 before No 1.

HAIR DYE.

No. 1.

Take 20 grains of Gallic Acid and add to
 $\frac{1}{2}$ ounce of Alcohol.
 $1\frac{1}{2}$ ounces of Soft Water.

In four or five minutes apply.

No. 2.

2 drams of Nitrate of Silver.

Dissolved in 2 ounces of Soft Water.

Add Aqua Ammonia, a few drops at a time, enough to make the solution clear.

HAIR DYE.

No. 1.

Take 80 grains of Sulphuret of Potassium.
Dissolve in 2 ounces of Soft Water.

No. 2.

80 grains of Nitrate of Silver.
Dissolve in 2 ounces of Soft Water.

HAIR DYE.

—VERY BLACK.—

No 1.

$\frac{1}{2}$ ounce of Sulphuret of Potassium
2 ounces of Soft Water

Dissolve and then add 1 dram of solution of Potassa.

No. 2.

Mix 2 drams of Nitrate of Silver.
2 ounces of Soft Water.

DICKS' HAIR DYE.

No. 1.

Mix $\frac{1}{2}$ ounce of Gallic Acid.
 1 " " Alcohol.
 1 pint " Soft Water.

No. 2.

Mix $\frac{1}{2}$ ounce of Nitrate of Silver
 1 $\frac{1}{2}$ " " Soft Water
 $\frac{1}{2}$ " " Gum Arabic
 $\frac{1}{2}$ " " Aqua Ammonia.

MANNING'S CELEBRATED NO FANNING DYE.

No. 1.

Mix $\frac{1}{2}$ ounce of Pyrogallic Acid
 10 " " Soft Water

No. 2.

 2 drams of Nitrate of Silver
 1 $\frac{1}{4}$ ounces " Soft Water
 Mix, then add $\frac{3}{4}$ ounce of Aqua Ammonia

TO REMOVE DYE FROM SKIN.

Dissolve $\frac{1}{2}$ ounce of Sulphuret of Potassium
 In 1 gill of Soft Water.

VICTOR HAIR DYE.

No. 1.

Dissolve $\frac{1}{2}$ ounce of Gallic Acid
 In 3 ounces of Alcohol
 1 pint of Soft Water

No. 2.

2 drams of Nitrate of Silver
 1 " " Gum Arabic
 Dissolved in $1\frac{1}{2}$ ounces of Soft Water
 Then add $\frac{1}{2}$ ounce Aqua Ammonia.

POMADE PERFUME.

Mix $\frac{1}{2}$ dram of Oil Citronella
 $\frac{1}{2}$ " " " Verbena
 2 " " " Lemon
 3 " " " Bergamot
 4 " " " Lavender

ENGLISH POMADE.

Melt 3 ounces of Beef Marrow.

10 ounces " Oil Sweet Almonds.

When cooling add $\frac{3}{4}$ ounce of the Pomade
 Perfume.

POMADE.

6 drams of Spermaceti

4 ounces " Castor Oil

Place them in a dish over a slow fire, and melt
 together. Stir while cooling, and add
 2 drams of Oil Bergamot

MARROW POMADE.

1 pound of Purified Lard
 $\frac{1}{2}$ " " Suet

Melt together, then beat well with a knife or spoon for twenty minutes until the mass is white and spongy, after which stir in

$\frac{1}{4}$ ounce of Oil Lemon
 1 dram of Oil Bergamot
 45 drops of Oil Cloves

PHILOCOME.

$1\frac{1}{4}$ ounces of White Wax
 $\frac{1}{2}$ pound of Oil of Sweet Almonds

Melt together, take from the fire stirring constantly and add

$\frac{1}{4}$ ounce of Oil Bergamot
 1 dram " " Lemon
 $\frac{1}{2}$ " " " Lavender
 $\frac{1}{4}$ " " " Cloves

Stir until cold

ROSE BANDOLINE.

Steep

3 drams of Gum Tragacanth
 In $\frac{1}{2}$ pint of Rose Water

Stir occasionally as it swells, then carefully press through a coarse clean linen cloth, after which mix well into it 15 drops of Oil of Rose.

ORDINARY BANDOLINE.

Boil ten minutes

½ dram of Quince Seeds
In 1 gill of Water

Strain.

FRENCH COSMETIQUE.

Melt

2 ounces of Gum Arabic
2 " " Oil Soap

Over a slow fire in 4 ounces of Rose Water.
Stir constantly and add ¼ pounds of White Wax.

Melt—Now stir until cool adding scent to suit.
Oil Rose is best if not too expensive.

GLYCERINE CREAM.

Melt and Mix

½ ounce of Spermaceti
1 " " White Wax
2 " " Oil Sweet Almonds.

When melted take from the fire and add
4 ounces of Glycerine.

When cooling add

15 drops of Oil Rose.

Stir until cold.

CREAM FOR THE HAIR.

Mix

20 grains of Powdered Borax

With 3 ounces of Rose Water

Then add 1 " " Castor Oil.

CAMPHOR ICE.

Melt in a water bath

4 ounces of Spermaceti

2 " " White Wax

 $\frac{1}{2}$ " " Camphor

2 " " Oil Sweet Almonds

When slightly cooled, run into moulds.

COLD CREAM.Melt $\frac{1}{2}$ ounce of White Wax

1 " " Spermaceti

4 " " Oil Sweet Almonds

Take from the fire. Stir constantly, slowly adding
4 ounces of Rose Water.

Stir until cold.

GLYCERINE LOTION.

— ELEGANT. —

Softens the skin. Good for chapped hands or
face. Charge five cents extra to use it, after shav-
ing, and you will increase your receipts.

Mix

1 ounce of Pure Glycerine

1 pint of Rose Water

CURE FOR BALDNESS.

Mix over a slow fire

3 ounces of Lard
 1 dram " North Carolina Tar
 2 " " Spermaceti.

When cooling add

2 drams of Oil Lavender
 1 " " Essence of Musk.

SHAMPOO.

Mix $\frac{1}{2}$ ounce of Salts of Tartar
 1 pint " Soft Water.

SHAMPOO.

$\frac{1}{2}$ ounce of Powdered Borax
 $\frac{1}{2}$ " " Salts of Tartar
 Dissolve in 1 pint " Soft Water.

GLOSSY SHAMPOO MIXTURE.

Take 2 drams of Powdered borax
 1 " " Carbonate of Ammonia
 Dissolve in $1\frac{1}{2}$ pints " Soft Water
 Now add $\frac{1}{2}$ ounce " Glycerine
 1 pint " Bay Rum.

HAIR WASH.

Add to

- 1 pint of Boiling Water
 ½ ounce of Powdered borax
 2 drams of Aromatic Spirits Ammonia
 2 ounces of Sherry Wine
 2 drams of Tincture of Arnica

SEA FOAM SHAMPOO.

Dissolve

6 drams of Carbonate of Ammonia

In 1 pint of Bay Rum

Then add ½ pint of Glycerine

. ½ " " Alcohol

1 ounce of Tincture Spanish Flies

TO DESTROY VERMIN

IN CHILDREN'S HEADS.

Use a strong solution of Alum Water.

VERMIN DESTROYER.

Use rum made very strong with black pepper. Wash the head thoroughly every day; comb with a fine tooth comb

SURE DEATH.

FOR WORST CASES OF VERMIN.

Purchase a small quantity of blue ointment. Use a fine tooth comb drawing the teeth first across the ointment, then through the hair. No matter how thick the vermin; if the above is done faithfully once a day for three or four days it will eradicate them.

BAY RUM.

Mix

10 drams of Oil Bay
 1 " " " Pimento
 2 ounces of Acetic Ether

In 2½ gallons Alcohol.

Shake well, then add

3 gallons of Water

Let stand two weeks and filter.

CHEAP BAY RUM

FOR COMMON USE.

Take a two ounce block of Magnesia, pour upon it 1 dram of Oil Bay, powder the magnesia, place it in a filter paper and the filter in a tunnel—now pour soft water upon the magnesia until you obtain 1½ pints of liquid; to this add a half pint of Alcohol.

BAY RUM VERY FINE.

—HAMLIN'S FORMULAE.—

Mix

1 ounce of Oil Bay

With 1 gallon of Alcohol.

Let stand two weeks, then add

1 gallon of New England Rum.

This Bay Rum is equal to the imported.

COLOGNE.

Mix

1 ounce of Oil Verbena
 1 " " " Citronella
 1 " " " Bergamot
 1 gallon of Pure Spirits

FLORIDA WATER.

Mix

1 dram of Oil Lavender
 1 " " " Lemon
 1 " " " Bergamot
 $\frac{1}{2}$ " " " Neroli
 $\frac{1}{2}$ " " " Tincture of Tumeric
 15 drops of Oil Melissa
 5 " " " Rose
 1 pint of Alcohol

CHEAP PERFUME.

— GOOD FOR EVERY DAY USE. —

Mix

1 ounce Essence of Bergamot
 1 pint of Alcohol

COMMON COLOGNE.

— GOOD. —

Mix

1½ ounces of Oil Lavender
 $\frac{1}{2}$ " " " Rosemary
 1 " " " Lemon
 20 drops " " Cinnamon
 1 gallon of Alcohol

LAVENDER WATER.

Mix

2 drams of Oil Lavender
1 pint of Deodorized Alcohol.

VIOLET SACHET POWDER.

Take $\frac{3}{4}$ ounce of Powd. Gum Benzoin
1 dram " " Tonka Beans
6 ounces of " Orris Root.

Mix well in a mortar, then add

6 drops of Oil Cinnamon
2 " " " Bitter Almonds.

PATCHOULY SACHET POWDER.

Take $\frac{1}{4}$ pound of powd. Orris Root
2 ounces " " Patchouly Leaves

Mix well in a mortar, and add

15 drops of Oil Patchouly
8 " " " Rose.



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